Bringing the BB adventure to you . . .



Weekly Activity Pack 25th to 31st May



Keep It Going





1 Hour Photo Challenge





Recreate an Old Photo





Giving





My Virtual BB Activity





World Flags





KEEP IT GOING





GET ACTIVE



20 MINUTES



IN THE CUPBOARD



GETTING INTO THE ACTIVITY

A fun and active challenge which will test your ball control and hand-eye coordination skills.

For this activity you'll need a ball and a bat/racket. You could use a tennis racket, hockey stick, golf club, table tennis bat, cricket bat or so on along with the appropriate ball for that sport. Your job is to keep the ball bouncing on the bat/racket/club for as long as you can.

However to make it more difficult, whilst keeping the ball bouncing on the bat/racket/club you also need to be on the move. To do this you could try to make your way through the house or even set up an obstacle course to go through whilst keeping the ball bouncing. How far can you travel whilst keeping control of the ball? Each attempt is over once the ball hits the floor.

Share a picture or video of you completing the challenge with your BB group or post on social media using **#BBatHOME**.



WHAT YOU'LL NEED

- Ball
- Bat / Racket / Club etc



NOTES FOR PARENTS & CARERS

Please ensure the space used for this activity is appropriate. An adult should initiate any contact with the BB group and/or share on social media.



1 HOUR PHOTO CHALLENGE







GET ADVENTUROUS





READY TO GO



GETTING INTO THE ACTIVITY

Explore your neighbourhood on a timed challenge to photograph as many items on the list as you can. Can you find them all within an hour?

Head out on a walk with a smartphone or camera and the list of items that can be found at the bottom of this pack. On your walk, your challenge is to find as many of the 22 items on the list as you can. Can you find all 22?

Some items are more obscure than others, so you might want to plan your route beforehand to try and capture as many of the photos as you can.

To complete the challenge, you must leave the house and you cannot photograph things which belong to you. Set a timer for one hour and stop the challenge when the time is up.

Share the photos from the challenge with your BB group or post on social media using **#BBatHOME**.



WHAT YOU'LL NEED

- 1 Hour Photo Challenge Sheet
- Pen



NOTES FOR PARENTS & CARERS

Guidance may be required about where the walk can go and an adult should supervise the walk. An adult should initiate any contact with the BB group and/or share on social media.



RECREATE AN OLD PHOTO







GET CREATIVE



20 MINUTES



PREPARATION NEEDED



GETTING INTO THE ACTIVITY

Old family photos can often be funny to look at and sometimes even a little bit embarrassing. Find the funniest or most embarrassing family photo you can and try to recreate it a close as possible.

Recreating old family photos has become popular during lockdown. It's even made its way onto TikTok with the 'I'm just a kid' challenge.

Find a photo that would be funny to recreate today. Where possible try to wear similar clothes and hairstyles and pull the exact same poses and facial expressions. Once done, put the two photos together so you can compare the two. Share the photo with friends and family and challenge them to do their own photo.

Need some inspiration? Google 'Recreate old family photo' for some ideas.

Share the photo with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Camera
- · Old Family Photo
- Props



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.



GIVING









15 MINUTES



READY TO GO



GETTING INTO THE ACTIVITY

An important value for Christians and non-Christians is generosity. Think about how generous you are and how God calls us to be generous to those around us.

If you were charged with the "crime" of being generous, would there be enough evidence to convict you? Write a list all the times you have been generous in the last week. This might have been with deeds, words or gifts. Are you proud of your list or does it look quite small?

In the Bible it says "Tell the rich people to do good, to be rich in doing good deeds, to be generous and ready to share." (1 Timothy 6 v17-19)

Being generous to others and giving can have big impacts on those around you and it is something that God expects from us. Giving doesn't have to cost money though, you could give your time, words and actions to help those around you. Aim to do at least one 'giving' activity a day for the rest of the week, to help others.



WHAT YOU'LL NEED

· Pen & Paper



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.







MY VIRTUAL BB ACTIVITY





GET INVOLVED



20 MINUTES



READY TO GO



GETTING INTO THE ACTIVITY

More and more BB groups are now running activities online. Continue to have a say and ownership in your BB programme, by coming up with your own ideas for virtual sessions.

Design a challenge, game or activity which could take place virtually over Zoom or similar. You'll need to make sure it is practical for most settings and uses equipment people will have at home.

Once you have designed and planned your activity send it to your BB group and ask if it can be included in future virtual sessions. If your BB group is not currently running virtual sessions, then still send it to them, so they can consider it, but also send it to us via email bbathome@boys-brigade.org.uk.



WHAT YOU'LL NEED

- Pen
- Paper



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.







WORLD FLAGS

















PREPARATION NEEDED



GETTING INTO THE ACTIVITY

With 195 countries in the world, that means there are at least 195 flags being flown too. Think you know the difference between the flags for New Zealand and Australia, Italy and Ireland? Put your world flag knowledge to the test.

For this activity you'll need to access the world flags worksheet at the bottom of this pack. You don't need to print it off, just be able to see it. Write down your answers for each flag. Once you are done take a look at the answer sheet on the following page and see how many you have guessed correctly. Challenge a family member and see if they can beat you.

Continue the activity by creating your own flags quiz, using flags not used in this activity. You can then give the sheet to a family member or send it to your BB group for them to use at a future session.

Share your flag quiz with your BB group or post on social media using **#BBatHOME**.



WHAT YOU'LL NEED

- World Flags Worksheet
- Pen / Paper



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.



1 Hour Photo Challenge

You have just one hour to find as many items as you can on the below list. All items must be found whilst on a walk outside of your home.

☐ A building over 100 years old	\square 3 of the same animal in one photo
☐ Police car	☐ Flag
☐ For sale sign (Estate Agents board)	☐ Unintentionally funny street sign
☐ Black and white cat	☐ Postbox
☐ The number 108	\square A tree that is smaller than you
☐ A sign with the word 'Together' in	\square A number plate with two 'B's in it
☐ A bird within 1 metre of you	☐ The Instagram logo
☐ The flag of a non European country	☐ Stained glass window
☐ The word 'Coronavirus'	☐ Cadbury wrapper (as litter)
☐ Today's newspaper	☐ An orange car
☐ An image of the Queen	□ Graffiti

World Flags



World Flags - Answers

