

# ANCHORS

Bringing the BB adventure to you ...

## Activity Pack

15th to 28th June



#BBATHOME



**Limbo**



**Bug Investigator**



**Jet Packs**



**Bananas**



**My Dad, My Hero**



**Animal Pairs**



### IMPORTANT NOTICE FOR PARENTS/CARERS

Activity **MUST** be supervised by a parent/carer **AT ALL** times. A parent/carer **MUST** assess risk before allowing their child to participate. Parents/carers **MUST** be aware of and follow up-to-date Government rules and guidance on social distancing.

# LIMBO



GET ACTIVE



10 MINUTES



IN THE CUPBOARD



## GETTING INTO THE ACTIVITY

How low can you go? Encourage all the family to join in with a game of Limbo - who will be crowned the family champion?

Limbo is a dance which originates from Trinidad in the Caribbean. It has since become a popular game played by children across the world.

A grown-up will need to hold a pole or broom handle at chest height. This is your limbo pole and it marks the line people have to pass under. As the game goes on, this bar will get lower and lower. Those playing take turns going under the stick without touching it, bending your knees and leaning as far back as necessary. No hands may touch the floor. This will be easy at first but with each round the stick gets lower. Anyone who falls or touches the ground with their hands is out. The last person left in the game is the winner.

If you're not sure of how to limbo, then search for a video online to help you perfect your limbo technique.



## WHAT YOU'LL NEED

- Pole / Broom Handle



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture or video of you playing limbo with your BB group or post on social media using #BBatHOME.

# BUG INVESTIGATOR



GET  
ADVENTUROUS



30 MINUTES



IN THE  
CUPBOARD



## GETTING INTO THE ACTIVITY

Measure out a small square of soil in your garden and investigate what is hidden beneath the surface. How many worms, ants and other creatures will you find?

For this activity you'll need a small (roughly 30cm) square of soil to dig in. This might be the corner of a flower bed in the garden. If you can't do this, then you could explore without digging, just by looking under logs, leaves and other objects on the floor and this could be done whilst you are out at a local park or open space.

Before you start digging in your square, make some predictions. What bugs do you think you might find? How many of each bug will be in the soil? Write down your predictions and then carefully start digging. As you dig, remember to count each bug and record in on your paper.

After you've finished digging take a look at your predictions and see how close you were. Did you find any bugs you weren't expecting? Were your predictions close or did you find lots more / far less?



## WHAT YOU'LL NEED

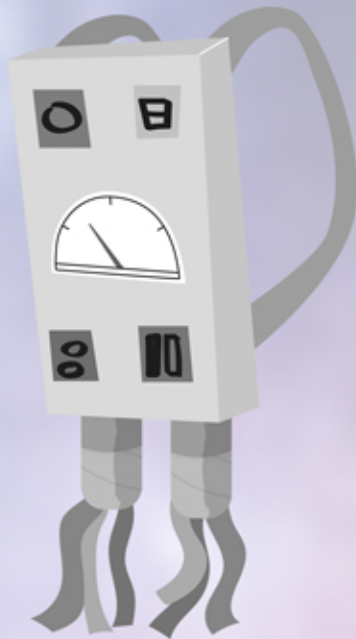
- Trowel / Spade
- Pen & Paper



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. We do not advise digging up holes in parks or other open space, but just moving items to see what is beneath the surface. Share a picture of your bug investigation with your BB group or post on social media using #BBatHOME.

# JET PACKS



GET CREATIVE



45 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Design and build your own jet pack which you can wear on your next adventure.

- 1) Wrap an old cereal box in tin foil. Crunch the ends or tape these down.
- 2) Cut ribbon or string for the straps on the back. These need to be long enough to wear the jet pack comfortably. Tape these to the back of the box securely.
- 3) Cover two toilet roll tubes in tin foil and tape these to the bottom of the box to become the jets. Cut strips of orange & red paper and stick these hanging out of the jets to look like flames.
- 4) Finish by decorating your jet pack. You could stick bottle lids to the box to look like dials or drawings of controls etc.

Once designed, wear your jet pack and go on an adventure into the future. The possibilities are endless!



## WHAT YOU'LL NEED

- Cereal Box
- Tin Foil
- Cardboard Tubes
- Orange / Red Paper
- Tape
- Ribbon / String
- Bottle Lids
- Glue

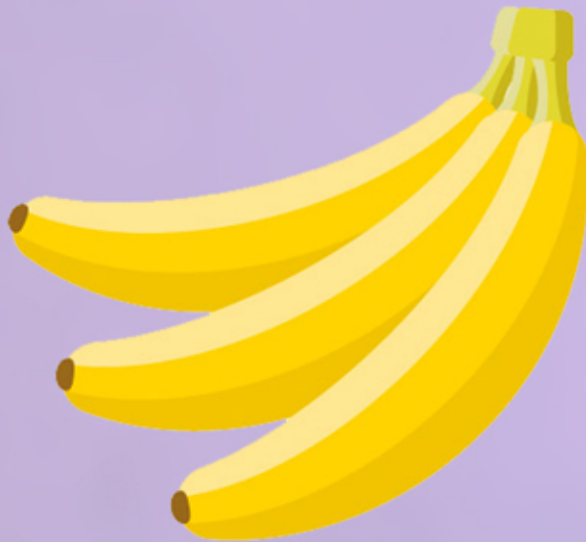


## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of your jet pack with your BB group or post on social media using #BBatHOME.



# BANANAS



GET INTO  
THE BIBLE



10 MINUTES



IN THE  
CUPBOARD



## GETTING INTO THE ACTIVITY

Your words and actions have a lasting impact on others. God calls us to love others, not hurt them.

Your task is to destroy a banana in 30 seconds. How did that feel? Have you ever broken anything more important than a banana? Could you put the banana back together?

Use tape, or anything else, to try and put the banana back to how you found it. How did you get on? Does it look just like before? Or was it difficult to fix and still looks a bit broken and damaged?

Just like with the banana, our words and actions can have a lasting impact on others. Even if we try to fix things afterwards or make things better, often the damage is already done. This means we should always be careful and kind to other people, so we won't cause any lasting damage or upset to those around us. John 13 v 34 "Love one another as I have loved you". What can you do today to show love to others?



## WHAT YOU'LL NEED

- Banana
- Tape



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of your banana activity with your BB group or post on social media using #BBatHOME.

# MY DAD, MY HERO



GET INVOLVED



20 MINUTES



IN THE CUPBOARD



## GETTING INTO THE ACTIVITY

Father's Day is on Sunday 21<sup>st</sup> June 2020. Create a Father's Day card for your Dad or a fatherly figure in your life to say thank you.

Father's Day is about taking time to thank your Dad or another important influence in your life who is there to support and encourage you.

Design a homemade card which you can give on Father's Day. Inside write a special note saying thank you and telling them how much you love them.

Think about what design you'd like to include on the front. This might be a picture of you and them or it could be themed around superheroes with the caption, 'Dad, You're my Superhero!'

Once you've finished designing the card, hide it somewhere safe and then hand it over on Father's Day.



## WHAT YOU'LL NEED

- Card / Paper
- Craft Materials
- Colouring Pens



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of your Father's Day card with your BB group or post on social media using #BBatHOME.

# ANIMAL PAIRS



**GET LEARNING**



**10 MINUTES**



**PREPARATION  
NEEDED**



## GETTING INTO THE ACTIVITY

Work on your memory skills with this animal pairs memory game.

For this game you'll need to print out the animal pairs worksheet, or you could create your own by drawing the animals yourself. Cut up the individual cards and then lay them out on the floor so the animals are hidden. Make sure you mix them up when laying them out.

Start by turning over two cards. If they match, you can take them out of the game. If they don't match you must turn them back over before you can carry on. Keep turning over two cards at a time until you get matches. As the game goes on, you should start remembering where the different animals are to help you match up the cards.

Play this with your family, each taking it in turns. Who has the most pairs at the end? Alternatively play this on your own by setting a timer and seeing how quickly you can pair them all.



## WHAT YOU'LL NEED

- Animal Pairs Worksheet



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of you playing animal pairs with your BB group or post on social media using #BBatHOME.

# Animal Pairs





# Animal Pairs

